

## Children's Mental Health Week

Celebration - May 2004

May is Mental Health Awareness Month and is the time to let everyone know that children's mental health matters.

One in five children has a diagnosable mental, emotional or behavioral disorder. Seventy percent of these children, however, do not receive appropriate mental health services.

Children's Mental Health Week is May 2nd through 8th. "Children's Mental Health Week Celebration - Show Me U Care" will take place at the Nashville Zoo at Grassmere on Saturday, May 8th, from 9:00 a.m. to 3:00 p.m.

This annual event helps promote, celebrate, and raise awareness of children's mental health issues. Activities, entertainment, and information booths will be part of the festivities!

Tennessee Voices for Children will be giving away 1000 FREE ADMISSION tickets to the zoo. (The first 1000 people to show up and say the catch phrase, "**Show Me U Care**", will receive free admission tickets to the zoo.)

Tickets are only valid for Saturday, May 8th, (no rain checks available). For more information or to find out more about receiving free zoo tickets, please call Andrea at Tennessee Voices for Children





Thousands of Americans will take to the streets beginning the weekend of May 1, to raise public awareness that recovery from mental illness is possible.

NAMIWALKS, part of the Campaign for the Mind of America, is being sponsored by the National Alliance for the Mentally III (NAMI) during Mental Health Month (May).

Of the 40 nationwide, community events, Tennessee will play host to three on Saturday, May15 at:

- \* Titan's Coliseum, Nashville
- \* lakeshore Park, Knoxville
- \* Shelby Farms, Memphis.

Check-in time is at 9:00 a.m.

Start time is at 10:00 a.m.

For more information, please call: 800.467.3589.

Presenting sponsor is Virginia Trotter Betts, TDMHDD commissioner.

### Statewide Children's Mental Health Week Celebrations



Highland Park - Jackson, TN Saturday, May 1 10:00 a.m. - 2:00 p.m. Contact: Catina Miller, 731/984-8599

Coolidge Park - Chattanooga, TN Saturday, May 1 10:00 a.m. - 2:00 p.m. Contact: Cynthia Coleman, 423/763-4637

The Fairground - Gray, TN Saturday, May 1 10:00 a.m. - 3:00 p.m. Contact: Nita Gross, 423/639-1104



"Show Me U Care Children's Mental Health Conference" Valley Hospital on May 5th from 8 a.m. to 3 p.m. EST. Keynote Speaker: Susan McGuire, MD, Valley Hospital Contact: Hugh Reece at 423/209-5186

Nashville Zoo at Grassmere - Nashville, TN

Saturday, May 8 9:00 a.m. - 3:00 p.m.

Contact: Andrea Flowers, 615/269-7751

Knoxville Zoo - Knoxville, TN Saturday, May 8 10:00 a.m. - 2:00 p.m.

ntact: Jim Griffin, 865/609-2490

Call 800/670-9882 (toll-free) or 615/269-7751 (local)

Or email: aflowers@tnvoices.org to request your green awareness ribbon or sticker and to request a free mental health poster





## TDMHDDJpdate



### THE SUMMIT:

Tennessee's Advanced School On Addictions

MAY 30 - June 4, 2004: WORKING TOGETHER IN PARTNERSHIP

Now in its 27th year, The Summit, Tennessee's Advanced School On Addictions, makes available an expert faculty to address cutting edge issues and techniques in the field of addictions. It brings societal issues into focus through workshops, such as, methamphetamine production and usage, building coalitions to help prevent addiction, and linking the faith community into partnership.

This year's theme, "Working Together In Partnership," truly reflects the sponsored workshops and the open invitation to the community of our Wednesday evening activity with Claudia Black.

This year's morning plenary topics include The Power of Prevention, Innovative Approaches in Substance Abuse Treatment, and Where We've Been, Where We are and Where We Might Be Going. Thursday's banquet speaker is Father Clements, whose presentation is entitled "Partnering to Fight the Devil...Addiction".

Wednesday, June 2nd brings three

daylong workshops with Claudia Black, "Double Jeopardy: Addiction and Depression;" "Addiction: The Family Legacy;" and "Growing Up with Loss and Abandonment." The noted author and lecturer will also make a presentation on Wednesday evening at 7 p.m. It is entitled "Straight Talk: Recovering Parents Talking to Their Kids About Addiction, Alcohol and Drugs" and is open to the community.

The Central East Addiction
Technology Transfer Center is
serving as sponsor to several
workshops including Working with
the Latino/Hispanic Population,
Pierlugi Mancini, Ph.D.; Innovative
Approaches In Substance Abuse
Treatment, Norma Bartholomew,
Ph.D.; Clinical Supervision, Tom
Durham, Ph.D.; and Conflict
Resolution, Cynthia Moreno-Duhey,
M.A., NCAC.

For more information on the Tennessee Advanced School On Addictions The Summit, contact Jay Jana at 615 741-8520 or Jay.Jana@state.tn.us.

## The State of the Child Conference 2004

"Make A System of Care A Reality in Tennessee"

October 18 – 20, 2004 Calvary United Methodist Church, Nashville

For more information, please email or call Andrea at:aflowers@tnvoices.org 800/670-9882 (toll-free) or 615/269-7751 (local)

#### Tennessee Suicide Prevention Network

# Mid-Cumberland Region Postvention Training

When: May 4, 2004

Where: Youth Villages, Inc.

3310 Perimeter Hill Drive Nashville, TN 37211 (615) 250-7257

"Postvention" refers to providing short-term grief counseling, support, education and aftercare services to the friends and family of those who have died by suicide (called "Survivors of Suicide").

Remember to bring check or money order to training. **DO NOT MAIL CHECK**. The cost for the one day training includes materials.

For more information please contact Yolanda E. Shields, M.A., Chairperson, Conley Consultants, Inc. (615) 400-0466 or email @ ccfincorp@aol.com Make check payable to Crisis Center.

Tennessee Suicide Prevention Network

## **TDMHDD**Jpdate

### Happenings

#### A Death In Our Family



Sadly, the TDMHDD and mental health community, must say "goodbye" to a close friend, Andy Fox, who passed away Thursday, April 15.

To those who knew him, Andy was not only a member of the TDMHDD's Policy and Planning Council, but a good friend whose smile brightened many a meeting and whose love and dedication as an advocate for mental health and developmental disabilities will be greatly missed.

Andy was interested in social work early on and received his undergraduate and master's degree in social work from the University of Tennessee, Knoxville.

He was a former director of the Southeast Mental Health Center, the former director of Catholic Charities for the Diocese of Memphis and a former administrator of St. Peter Manor.

Thank you for sharing your blessings with us, Andy. You helped make a difference.

### Tennessee Fair Housing Council Address Change

Effective May, 1, correspondance to the Tennessee Fair Housing Council should be directed to:

- \* 107 Music City Circle, Suite 318 Nashville, TN 37214
- \* (Phone) 615.874.2344
- \* (FAX) 615.874.1636

### Foundations Associates Selected As Co-occurring Disorders Program Model

Foundations Associates of Nashville and Memphis were recently selected by the Concurrent Disorders Priority Area of the Centre for Addiction and Mental Health in Toronto as one of ten North American programs in the treatment of co-occurring substance abuse and mental illness issues for use as a model for improving care.

The Centre for Addiction and Mental Health is the largest, fully-integrated addiction and mental health treatment facility in Canada. Thousands of programs were examined before the final selection was made.

### **TOMHOO** pdate

Tennessee Department of Mental Health and Developmental Disabilities

(ISSN-10882731)

Volume 10, Number 2

Department of Mental Health and Developmental Disabilities 3rd Floor, Cordell Hull Building Nashville, TN 37243 615.532.6500 www.state.tn.us/mental

Virginia Trotter Betts, Commissioner Joe Carobene, Deputy Commissioner

Prepared and distributed by the Office of Public Information & Education 615.532.6610 - FAX 615.741.4557 Tony Troiano, Director Jason Levkulich, Publications Editor

Pursuant to the State of Tennessee's policy of nondiscrimination, the Department of Mental Health and Developmental Disabilities does not discriminate on the basis of race, sex, religion, color, national or ethnic origin, age, disability or military service in its policies, or in the admission to, or treatment or employment in, its programs, services or activities.

Contact the department's EEO/AA Coordinator at 615.532.6580, the TitleVI Coordinator or the ADA Coordinator at 615.532.6700 or 1.800.560.5767 for inquiries, complaints or further information. Persons with hearing impairments should call 615.532.6612.

Published bi-monthly by the Tennessee Department of Mental Health and Developmental Disabilities. Periodicals Postage
Paid at Nashville, Tennessee
Postmaster: Send address changes to:
The Tennessee Department of Mental Health and Developmental Disabilities, Office of Public Information and Education,
5th Floor, Cordell Hull Building
425 Fifth Avenue North
Nashville, TN 37243



Tennessee Department of Mental Health and Developmental Disabilities. Authorization Number 339454, 8,500 copies, January 2004. This public document was promulgated at a cost of \$.63 per copy.



Department of Mental Health and Developmental Disabilities Office of Public Information & Education Fifth Floor, Cordell Hull Building 425 5th Ave. North Nashville, TN 37243